

## Are you an Engineering or Business Undergrad?

We are currently looking for volunteers to take part in a study exploring the mental health experiences of UBC students.

### The Purpose of this study is:

- To learn about the factors that impact student mental health;
- To explore how these factors can be enhanced in a post-secondary setting to support student mental health;
- To determine if any differences exist in student mental health experiences between business and engineering students; and
- To consider how these factors can be applied to the development, implementation, and evaluation of mental health promotion initiatives in post-secondary institutions.

### Are you ....

- Undergraduate student
- Majoring in the Business or Engineering
- Willing to share your experiences in a 90-120 minute focus group and 20 minute review of the preliminary findings?
- Fluent in English
- Over 19 years of age

If yes, please contact Diana Jung at [djung@my.adler.edu](mailto:djung@my.adler.edu) for more information on participating in a focus group and the opportunity to enter a draw for one of three \$100 gift cards to the UBC Bookstore.

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This study is being conducted by Diana Jung, as part of a Master of Arts in Counselling Psychology and Masters of Arts in Community Psychology thesis, under the supervision of Larry Axelrod PhD (Faculty Advisor), Adler School of Professional Psychology, and Ben Pollard MPA (Director of VPS Portfolio Initiatives), University of British Columbia.

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